Dinner Specials

All items are served a la carte. Add a cup of soup or small house salad for \$3.

Famous Spanakopitta	\$15
A timeless Wildflower favorite. A rich blend of seasonal vegetables, spinach, feta cheese, garlic and herbs individually wrapped in layers of flaky phyllo dough and baked to perfection. Served with a side of steamed veggies, brown rice and Tofu Tahini.	
Risotto	\$14
A pearl barley risotto with summer squash, portabellas, carmelized onions, and asiago cheese.	
Wicked Thai Peanut Stir-Fry	\$13
Our house made Thai peanut sauce served over organic soba noodles, grilled carrots, peppers, broccoli, onions, and garlic, and grilled tempeh. Topped with green onions, cilantro and gomasio.	
⊘ Sesame Rice and Tempeh	\$14
Grilled tempeh served over sesame rice, and topped with a citrus chili glaze. Cucumber salad on the side.	
© Chilled Melon and Basil Soup	\$12
A light, late summer treat. This is a chilled soup made with cantelopes, basil and lime. Served with a small tomato, balsamic salad. (Optional house made onion herb roll)	
Summer Squash Ravioli	\$15
Our fresh pasta dish of the week! Handmade raviolis stuffed with a variety of local summer squash and a blend of fresh herbs and cheeses. Topped with a light butter and thyme sauce.	